

**WINTER**

**FREEZE**

**OUT**



**December**

**28th-30th**

**2009**

**CAMP BOWERS**

Cape Fear Council  
Boy Scouts of America  
P.O. Box 7156  
Wilmington, N.C. 28406  
[www.capefearcouncilbsa.org](http://www.capefearcouncilbsa.org)

Non-Profit Organization  
U.S. Postage  
PAID  
Wilmington, N.C.  
Permit No. 486

## **HOW DO I GET THERE?**

The Cape Fear Scout Reservation, is located 3 miles west of White Oak, N.C. on Highway 53.

### **From Wilmington and North:**

Take HWY 74 W towards Riegelwood (17.1mi)  
Turn SLIGHT RIGHT onto NC-87 W.  
Continue to follow NC-87 W. (30.1mi)  
Turn RIGHT onto NC-87/NC-87 BR.  
Turn RIGHT onto US-701 N/NC-242 N/NC-41 E  
Turn LEFT onto NC-53/NC-242. Continue to follow NC-53 (12.5mi)

Continue for 3 miles, Turn Left at the Camp Bowers attraction sign, follow dirt road for one mile, and turn Right into the Bowers Admin parking lot.

### **From Lumberton and South :**

Go EAST on NC-41/NC-72/W 2ND ST  
Turn LEFT onto N PINE ST/NC-41. (14mi)  
Turn LEFT onto NC-131(6mi)  
Turn LEFT onto NC-87. 0.4mi  
Turn RIGHT onto TAR HEEL RD.(1.7mi)  
Turn RIGHT onto RIVER RD. (4.6mi)  
Turn LEFT onto NC-53/NC-53 W

Continue for 3 miles, Turn Left at the Camp Bowers attraction sign, follow dirt road for one mile, and turn Right into the Bowers Admin parking lot.

# **RENEGADE REGISTRATION** **FORM**

The fee for this event is \$25.00. This covers our program costs for the weekend, camping fees, and insurance.

Renegade Scouts are invited to come, even if their Troops do not wish to attend. These Scouts will be grouped together to form a Renegade Troop.

2-DeepAdult Leadership will be provided for these scouts.

## **ANNUAL HEALTH FORM PARTS A and C REQUIRED**

**PLEASE PAY IN FULL BY 12/10/2009.**

Boy(s) Name \_\_\_\_\_ Age \_\_\_\_\_

\_\_\_\_\_

Troop \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

TOTAL ENCLOSED \_\_\_\_\_

Please charge to my credit card:

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_

Authorized Signature:  
\_\_\_\_\_

**All Fees Non-Refundable.**

**Please detach & mail to:**

**Cape Fear Council, Boy Scouts of America**

**P.O. Box 7156, Wilmington, N.C. 28406**

**(910)395-1100 FAX (910)395-0894**

## **WHAT IS Winter-Freeze-Out?**

**W**inter Freeze-Out is a great opportunity to get a winter-camping experience on the books for your troop during the holiday season. We have a great program in store for all who decide to come to this event.

### **ACTIVITIES INCLUDE**

#### **CLIMBING/RAPELLING**

**SKEET SHOOTING (Patrol Competition)**

**WILDERNESS FIRST AID (Patrol Competition)**

**DUCT TAPE MERIT BADGE**

**UNDERWATER BASKET WEAVING**

**POLAR BEAR SWIM**

**SNOW BALL TOSS (Patrol Competition)**

**DOG SLED RACE (Patrol Competition)**

### **IMPORTANT NOTE:**

**T**roops are responsible for providing their own meals for this event, and will be **COLD WEATHER CAMPING**. This means you should make sure to bring **WARM CLOTHES**.

**PLEASE CONSIDER BRINGING:**

- \* Hat/Gloves
- \* Long Underwear
- \* **EXTRA SOCKS!**
- \*Extra clothes for layering
- \*Extra Blankets
- \* Warm Sleeping Bag



## **SCHEDULE OF ACTIVITES**



**Monday 12/28/09**

**5:00-7:00PM**  
**Check-In**

**8:00 PM**  
**Opening Campfire**

**Tuesday 12/29/09**

**6:00AM**  
**Polar Bear Swim**

**7:00AM– 8:30AM**  
**Reveille/Breakfast in Campsite**

**9:00AM:**  
**Flag Ceremony/ Assembly**

**9:30AM:**  
**Activities Begin**

**NOON:**  
**Lunch In Campsite**

**2:00PM**  
**Activities Continue**

**5:00PM**  
**Flag lowering/Assembly**

**8:00PM**  
**Closing Campfire/ Cracker Barrel**

**Wednesday 12/30/09**

**7:00-8:30AM**  
**Breakfast in Campsites/Clean-Up**

**9:00AM**  
**Flag Ceremony/Scouts Own Service**

**10:00AM**  
**Check-Out**